

COACHING FOR HIGH PERFORMANCE

The Course, recognized by the **Association for Coaching & Manchester Institute for Psychotherapy** has been designed to meet the challenges faced by those working in an environment where developing the capability of others to deliver high performance is critical.

Are you:

- Interested in helping others reach their true potential by challenging limiting beliefs so that they gain a new awareness about their capability & performance.
- A line manager responsible for delivering high levels of commercial performance through your teams in an increasingly tough market place.
- Already working with others helping them deal with personal challenges and interested in developing your skills to be able to work in an organisational context.

The Course :

- Is highly experiential providing you with the opportunity to practice working with tools and techniques that enable you to understand your own and other's coaching style and preferences for communication.
- Will encourage you to work with coachees outside your normal environment.
- Provides high quality supervision, critical to ethical coaching practice, for both developing & experienced coaches.
- Over 6 Modules you will develop the ability to contract clearly with the coachee & line manager, understand the difference between coaching, mentoring & counselling, develop acute listening & questioning skills that will help you truly understand & shift the blockages individuals face in delivering high performance.
- Is competitively priced at **£1250** (plus VAT if VAT registered) which includes 6 x 1 day Modules, 2 supervisory sessions, all course materials & affiliate membership of the Association for Coaching.
- The programme will run at St Roberts Centre, Harrogate. Modules to take place at 4-5 weekly intervals to enable you to practice the techniques & work with your supervisor. Group size limited to a maximum of 12 participants.

The Course is recognised by the Association for Coaching, offers Affiliate membership of the Association for Coaching, supervision & opportunities to both practice & experience coaching in real situations.

This course will be of benefit for you if:

- Are thinking of developing a career as a Performance Development Coach.
- You are a capable clinical supervisor who is increasingly being asked to provide supervision to coaches & feel it is important for you to understand the complexities coaches face working in an organizational context.
- You are responsible for the delivery of results in an increasingly tough commercial market where the need for everyone to perform to their true potential is critical.

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Comments from previous participants.

- This programme has given me a passion for coaching in my business.
- It exceeded my expectations & made me step back & question my previously held views on coaching.
- After only one module I was able to use the techniques in my everyday interactions with people.
- I found the supervision element invaluable in my development as a coach.
- As a line manager I have a whole new awareness about my own performance capability & how to deliver the best that I can as well as managing my team in a way that delivers results I previously could only have wished for.

Facilitators:

Beverley Petrossian BA(Hons), MCIPD, AC & ICF Accredited Coach

Beverley is an independent consultant & qualified coach with over 20 years experience in management development, coaching & mentoring. She works with clients from supervisory to executive level across both public & private sector organisations. She was nominated for an Impact in the field of Coaching Award at the AC Conference in 2006. She is currently a contracted trainee working toward completion of CTA(O).

'Beverley has an engaging style combined with a wide industry knowledge & expertise to provide challenge that has high worth, is commercially astute & relevant to organisational culture & industry challenges'.

Jan Brause BSc(Hons) Psych, FCIPD, MCMI, AC Accredited Coach

Jan is a performance development coach & coach supervisor driven by a personal belief that people are unique with particular strengths to offer the world of work. Her aim is to unlock these strengths to the mutual gain of the individual and the organization. She has many years successful experience in Personal Development and Corporate Management operating at senior level across both the private and public sector.

'Jan's style was supportive and encouraging and I have learned a lot about myself that will help me to continue to be more effective in the future.'

Programme Dates:

Friday 14 May 2010

Friday 11 June 2010

Friday 16 July 2010

Friday 13 August 2010

Friday 10 September 2010

Friday 15 October 2010

In Company Programmes
If you are interested in this programme being delivered in your organisation please contact us for further details

